

INAUGURATION



Inviting to join One Day Workshop on

Empowerment of women and skill development

08/02/2023

at

**Guru Nanak College of Education
Teachers Colony Manhalli Road Tq & Dist: Bidar-585 403**

Chief Guest

Prof. Raheeman
Lecturer GNFC, Bidar

Guest of Honor & Speaker

Dr. Shamala V Dutta
Principal, GNFC Degree College

President

Dr. Rajshekhar. B Almaje
Principal Guru Nanak College of Education, Bidar

Distinguished Guest

Prof. Marappa Kattimani
IQAC Co-ordinator

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Sri Nanak Jhira Saheb Foundation

GURU NANAK COLLEGE OF EDUCATION

Teachers Colony Manhalli Road Tq & Dist: Bidar-585 403

College Website: www.gurunanakbed.org

Mail: Gurunanakbedcollege@gmail.com

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Report on Empowerment of Women and Skill Development Workshop at Guru Nanak College of Education, Bidar

Date: 8th –Feburary-2023

Location: Guru Nanak College of Education, Bidar

Resource Person: Dr. Shamala V Dutta

Principal Guru Nanak First Grade Degree College, Bidar

On the 8th –Feburary -2023 Guru Nanak College of Education in Bidar hosted a workshop focused on the Empowerment of Women and Skill Development. This initiative aimed to equip female students and staff with the necessary skills and knowledge to enhance their personal


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and professional growth, fostering a supportive environment that promotes gender equality and empowerment.

Workshop Overview

The Empowerment of Women and Skill Development workshop was a comprehensive, day-long event that featured a blend of motivational talks, skill-building sessions, and interactive activities. The workshop addressed various aspects of women's empowerment, including leadership, entrepreneurship, and personal development, along with practical skill development.

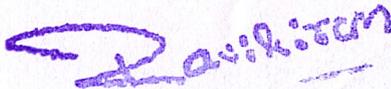
Participants

The workshop was attended by:

- Female students from various education programmes at Guru Nanak College of Education.
- Female faculty members and administrative staff.
- Guest speakers and facilitators with expertise in women's empowerment and skill development.

Key Components

- **Inaugural Session:** The workshop began with an inaugural session featuring speeches from the college principal and distinguished guests who emphasized the importance of women's empowerment and skill development. This session set the tone for the day, highlighting the objectives and expected outcomes of the workshop.


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- **Leadership and Empowerment:** This session included motivational talks by successful women leaders from various fields. They shared their personal journeys and challenges, providing insights and inspiration to the participants. Topics covered included leadership skills, self-confidence, and overcoming gender biases.
- **Entrepreneurship Training:** Participants received training on entrepreneurship, including how to start and manage a business, financial literacy, and accessing resources and support networks. This session aimed to inspire and equip women with the knowledge to pursue entrepreneurial ventures.
- **Skill Development Workshops:** Practical skill development workshops were conducted on various topics such as digital literacy, communication skills, time management, and creative arts. These hands-on sessions provided participants with valuable skills that are essential for both personal and professional success.
- **Interactive Activities:** The workshop included interactive activities such as group discussions, role-plays, and team-building exercises. These activities encouraged collaboration and networking among participants, fostering a sense of community and mutual support.
- **Health and Well-being:** Sessions on health and well-being were integrated into the workshop to address issues specific to women. Topics included mental health, work-life balance, and personal safety. Health professionals provided valuable tips and resources for maintaining overall well-being.
- **Feedback and Reflection:** The workshop concluded with a feedback session where participants shared their experiences and insights gained from the day's activities. This session also provided


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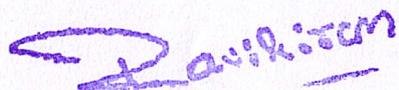
an opportunity for facilitators to address any questions and gather suggestions for future initiatives.

Outcomes

- **Empowered Participants:** The workshop successfully empowered women participants by providing them with the knowledge, skills, and confidence needed to pursue their goals and aspirations.
- **Skill Enhancement:** Participants acquired new skills in leadership, entrepreneurship, and various practical areas, enhancing their personal and professional capabilities.
- **Increased Awareness:** The event raised awareness about the importance of women's empowerment and the need for continuous skill development to achieve gender equality.
- **Community Building:** The workshop fostered a supportive community of women within the college, encouraging collaboration and networking among students and staff.

Conclusion

The Empowerment of Women and Skill Development workshop at Guru Nanak College of Education in Bidar was a significant and impactful event that contributed to the personal and professional growth of its female participants. By providing a platform for learning, inspiration, and networking, the workshop reinforced the college's commitment to promoting gender equality and empowering women.


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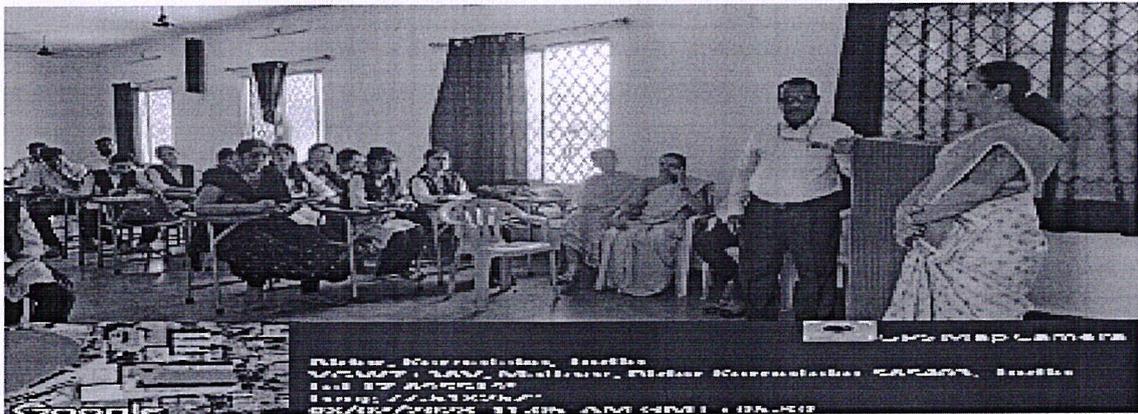
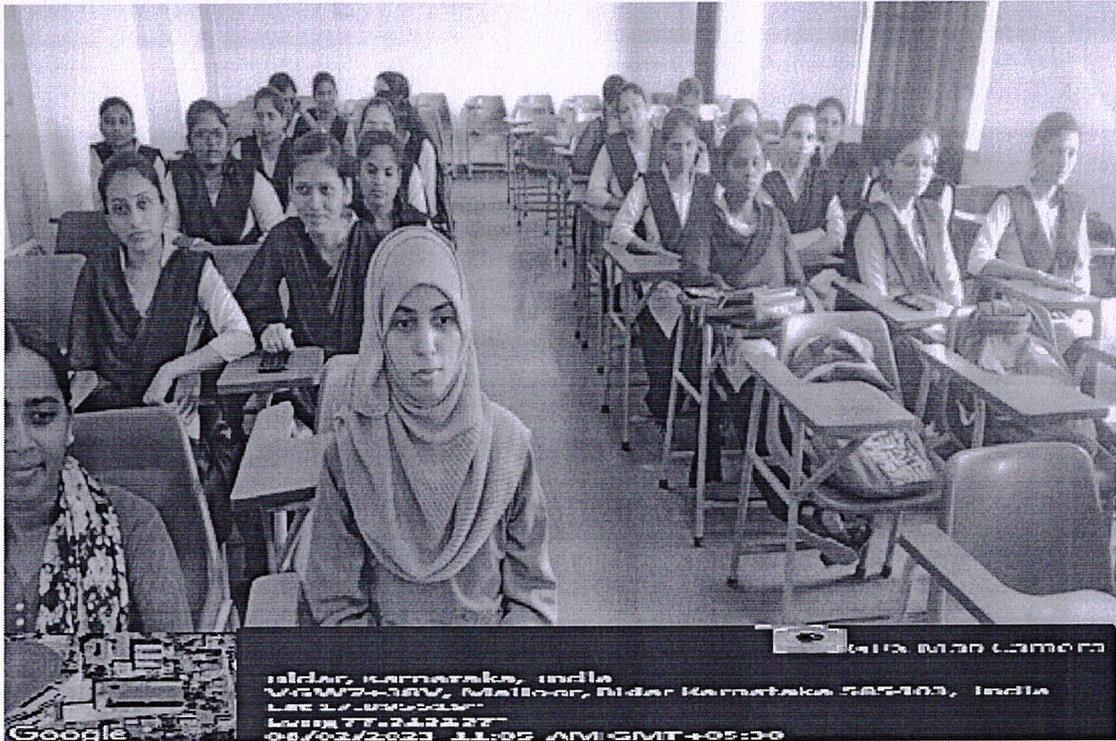
Recommendations for Future Workshops:

- Organize regular follow-up sessions and mentoring programs to support the ongoing development of participants.
- Expand the scope of skill development workshops to include advanced training and certification programs.
- Foster partnerships with local businesses and organizations to provide real-world opportunities and resources for women entrepreneurs.
- Overall, the workshop was a valuable initiative that highlighted the importance of women's empowerment and skill development, aligning with the broader goals of promoting equality and fostering a supportive learning environment at Guru Nanak College of Education.

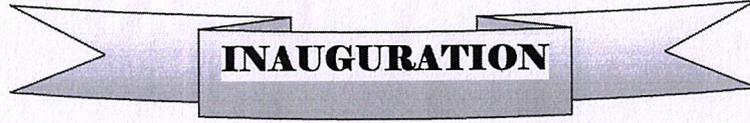


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Empowerment of Women and Skill Development



Ravikiran
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Inviting to join One Day Workshop on

Innovative Teaching and Techniques

17/02/2022

at

**Guru Nanak College of Education
Teachers Colony Manhalli Road Tq & Dist: Bidar-585 403**

Chief Guest

Dr. Priyadarshni
Lecturer, GNFC Bidar

Guest of Honor & Speaker

Prof. Rajkumar Shinde
HKE, Basaveshwar College of Education, Bidar

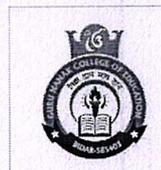
President

Dr. Rajshkhar Almaje
Principal Guru Nanak College of Education, Bidar

Distinguished Guest

Prof. Marappa Kattimani
IQAC Co-ordinator

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Report on Innovative Teaching & Techniques Workshop

at Guru Nanak College of Education, Bidar

Date: 17- February -2022

Location: Guru Nanak College of Education, Bidar

Resource Person Dr. Rajkumar Shinde

HKE Basaweshwar College of Education Bidar

On the 17- February -2022, Guru Nanak College of Education in Bidar organized a workshop on Innovative Teaching & Techniques aimed at equipping both students and teachers with creative and effective strategies to enhance the learning experience. The workshop focused on exploring innovative approaches to teaching and learning, leveraging technology, and fostering student engagement in the classroom.

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Workshop Overview

The Innovative Teaching & Techniques workshop was a full-day event that featured a series of interactive sessions, hands-on activities, and practical demonstrations designed to inspire participants and provide them with practical tools and strategies to apply in their teaching practice. The workshop aimed to encourage experimentation, creativity, and adaptability in teaching methodologies, catering to the diverse learning needs of students.

Participants

The workshop was attended by: Students pursuing various education programmes at Guru Nanak College of Education. Faculty members representing different academic disciplines and levels of teaching experience.

Key Components

1. **Exploration of Innovative Pedagogies:** The workshop began with an exploration of various innovative teaching methodologies, including flipped classrooms, project-based learning, gamification, and inquiry-based learning. Participants learned about the principles behind each approach and discussed their potential applications in different educational contexts.

2. **Technology Integration:** Sessions were dedicated to showcasing the use of technology tools and digital resources to enhance teaching and learning. Participants were introduced to educational apps, multimedia presentations,


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online collaboration platforms, and interactive whiteboards, among other tools, and learned how to integrate them into their teaching practice effectively.

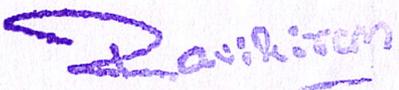
3. Active Learning Strategies: The workshop emphasized the importance of active learning in engaging students and promoting deeper understanding. Participants engaged in activities such as group discussions, problem-solving exercises, role-plays, and simulations, experiencing firsthand the benefits of active learning techniques.

4. Collaborative Lesson Planning: Participants had the opportunity to collaborate with their peers and develop innovative lesson plans incorporating the concepts and techniques covered in the workshop. This collaborative approach encouraged creativity and peer learning, as participants shared ideas and provided feedback to each other.

5. Reflection and Feedback: Throughout the workshop, participants were encouraged to reflect on their teaching practices and consider how they could incorporate innovative techniques into their own classrooms. Feedback sessions provided an opportunity for participants to share their thoughts and insights, as well as receive guidance and support from workshop facilitators.

Outcomes

- **Enhanced Teaching Skills:** Participants gained a deeper understanding of innovative teaching methodologies and acquired practical strategies to implement them in their classrooms, leading to more engaging and effective teaching practices.


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- **Increased Collaboration:** The workshop fostered collaboration and networking among students and faculty, creating opportunities for sharing ideas, resources, and best practices in teaching and learning.
- **Empowered Educators:** By equipping participants with new tools and techniques, the workshop empowered educators to adapt to the evolving needs of students and leverage innovative approaches to enhance learning outcomes.

Conclusion

The Innovative Teaching & Techniques workshop at Guru Nanak College of Education in Bidar was a dynamic and enriching experience that inspired participants to rethink their teaching practices and explore new possibilities for engaging students and fostering learning. By promoting creativity, collaboration, and adaptability, the workshop contributed to the college's commitment to excellence in education and continuous improvement.

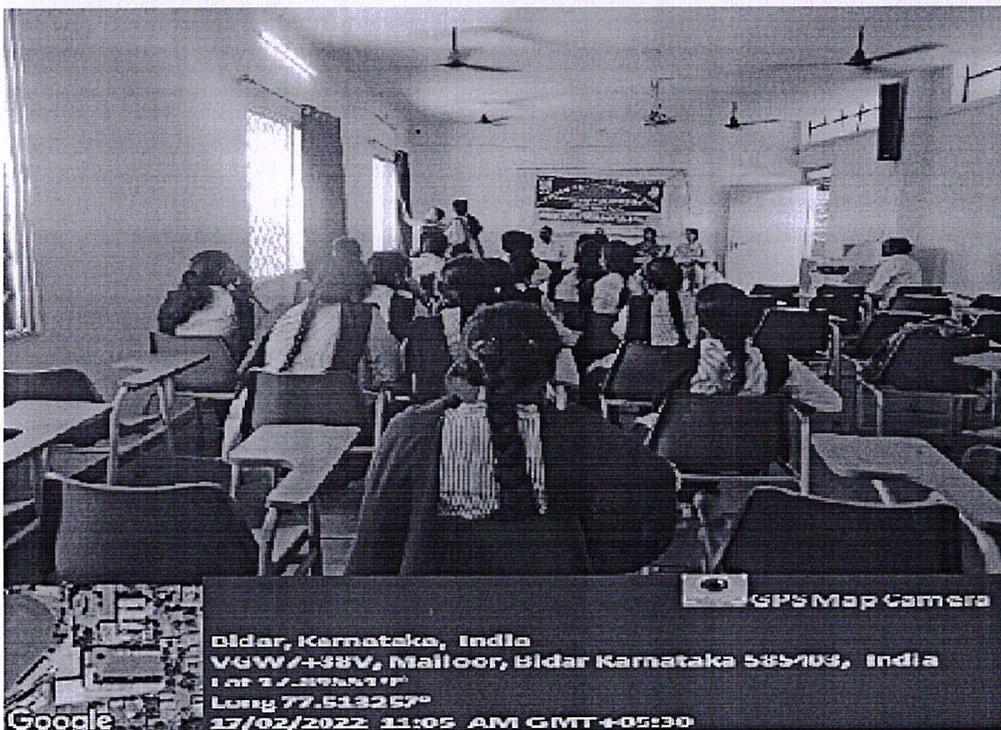
Recommendations for Future Workshops:

- Offer follow-up sessions or mentoring opportunities to support participants in implementing innovative teaching techniques in their classrooms.
- Incorporate case studies and real-world examples to demonstrate the practical application of innovative pedagogies.
- Explore opportunities for interdisciplinary collaboration and cross-fertilization of ideas to stimulate innovation and creativity in teaching and learning.
- Overall, the workshop served as a catalyst for innovation and transformation in teaching practice, reaffirming Guru Nanak College of Education's dedication to preparing educators who are equipped to meet the challenges of 21st-century education.

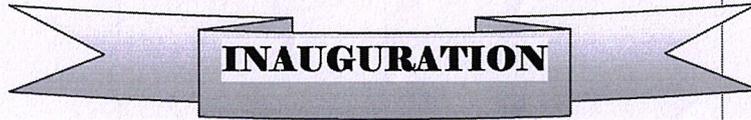


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Innovative Teaching & Techniques Workshop



Ravikiran
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Inviting to join Three Days Workshop on
Skill Development Programme

28/05/2021 to 30/05/2021

at

Guru Nanak College of Education
Teachers Colony Manhalli Road Tq & Dist: Bidar-585 403

Chief Guest

Prof. Namdev J

Basaveshwar B.Ed College, Javergi

Guest of Honor & Speaker

Prof. Amarnathreddy

Principal Global College of Education Bidar

President

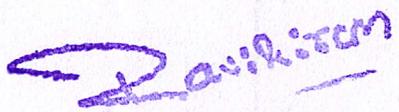
Dr. Rajshekhar B Almaje

Principal Guru Nanak College of Education

Distinguished Guest

Prof. Marappa Kattimani

IQAC Co-ordinator


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Report on Three-Day Skills Development Programme

at Guru Nanak College of Education, Bidar

Dates: 28th ,29th & 30th –May-2021

Location: Guru Nanak College of Education, Bidar

Resource Person Dr. Amarnath Reddy

Principal Global College of Education, Bidar

From the, 28th ,29th & 30th –May-2021 Guru Nanak College of Education in Bidar organized a comprehensive Three-Day Skills Development Programme for students and staff. The programme aimed to enhance participants' professional skills, foster personal growth, and promote a culture of contlearning within the college community.

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Programme Overview

The Skills Development Programme consisted of a series of workshops, seminars, and hands-on activities designed to cover a wide range of topics relevant to both academic and professional development. The programme incorporated interactive sessions, practical exercises, and expert-led discussions to engage participants and facilitate active learning.

Participants

The programme was attended by: Students enrolled in various education programmes at Guru Nanak College Education. Faculty members representing diverse academic disciplines and areas of expertise.

Key Components

1. Workshops on Pedagogical Techniques:

Participants engaged in workshops focused on innovative teaching methodologies, instructional design, and classroom management strategies. These sessions aimed to equip educators with the tools and techniques necessary to create engaging and effective learning environments.

2. Skill Enhancement Sessions:

The programme included sessions dedicated to developing essential skills such as communication, critical thinking, problem-solving, and teamwork. Participants participated in group activities, role-plays, and simulations to practice and refine these skills in real-world scenarios.



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3. Professional Development Seminars:

Expert speakers were invited to deliver seminars on topics relevant to career advancement and professional growth. These sessions covered areas such as resume writing, interview skills, networking, and personal branding, providing participants with valuable insights and practical advice.

4. Hands-on Training:

Participants had the opportunity to gain practical experience through hands-on training sessions conducted in collaboration with industry partners and local organizations. These sessions allowed participants to apply their theoretical knowledge in real-world settings and develop practical skills relevant to their future careers.

Outcomes

- **Enhanced Professional Skills:** Participants developed a range of professional skills essential for success in their chosen fields, including teaching, communication, leadership, and problem-solving.
- **Increased Confidence:** Through active participation and practical exercises, participants gained confidence in their abilities and expanded their comfort zones.
- **Networking Opportunities:** The programme provided a platform for students and staff to connect with peers, mentors, and industry professionals, facilitating valuable networking opportunities and potential collaborations.



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Conclusion

The Three-Day Skills Development Programme at Guru Nanak College of Education in Bidar was a resounding success, providing participants with a holistic learning experience that encompassed both academic and professional development. By focusing on skill enhancement, practical training, and networking, the programme equipped students and staff with the tools and resources necessary to excel in their academic pursuits and future careers.

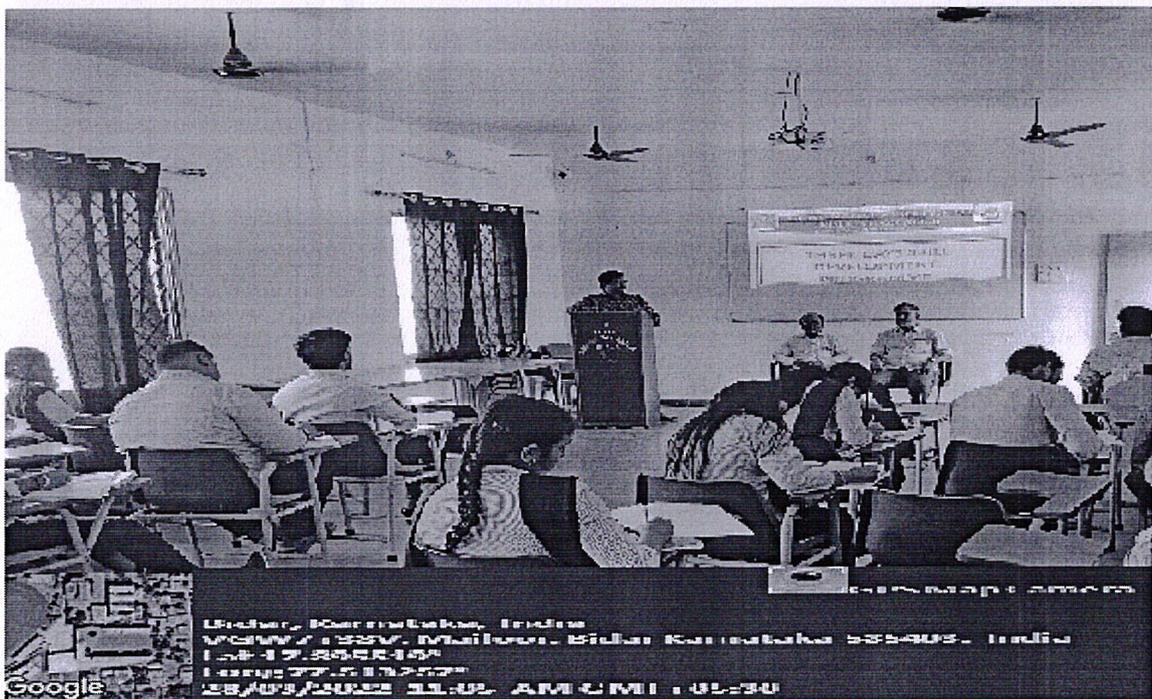
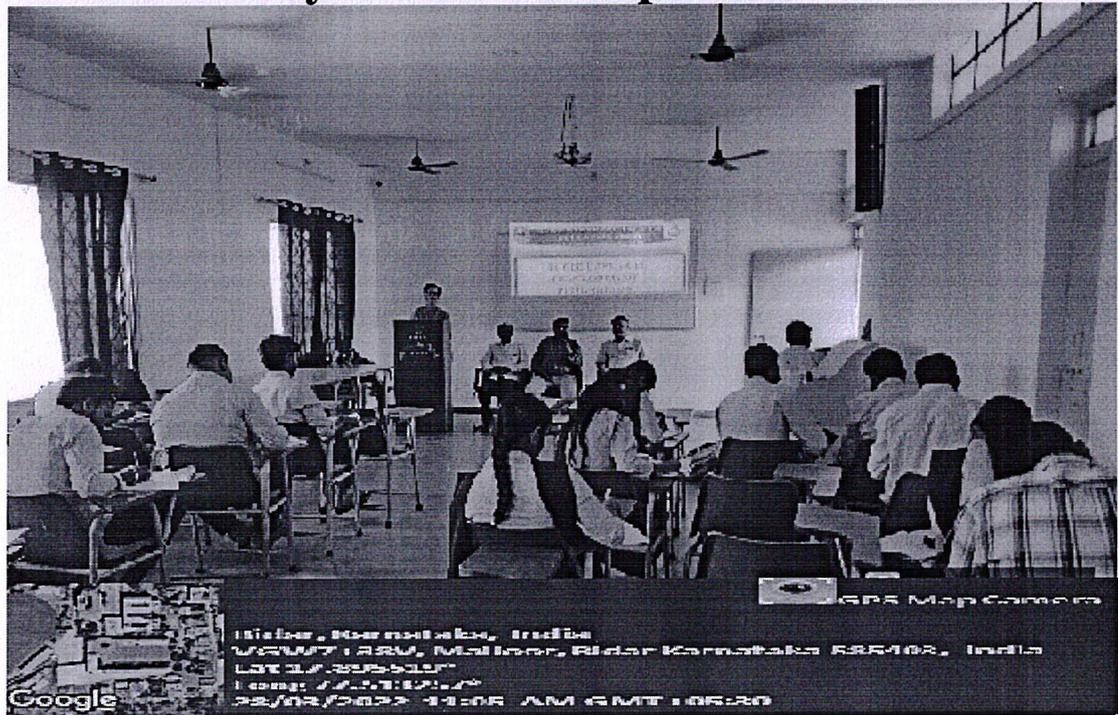
Recommendations for Future Programmes:

- Incorporate feedback mechanisms to gather input from participants and tailor future programmes to their needs and interests.
- Explore opportunities for ongoing skills development and continuing education initiatives to support lifelong learning among students and staff.
- Foster partnerships with industry experts and local organizations to provide participants with access to real-world learning experiences and practical training opportunities.
- Overall, the Skills Development Programme served as a valuable investment in the personal and professional growth of the college community, reaffirming Guru Nanak College of Education's commitment to excellence in education and continuous.

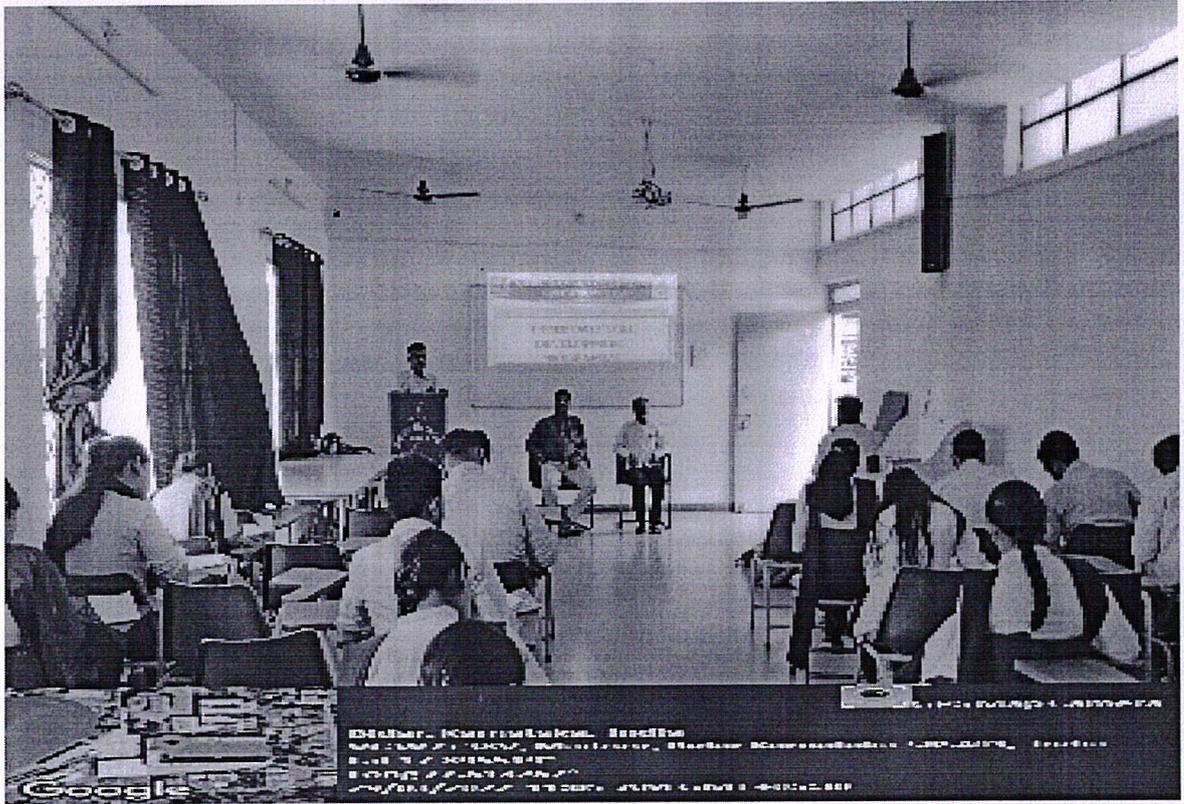


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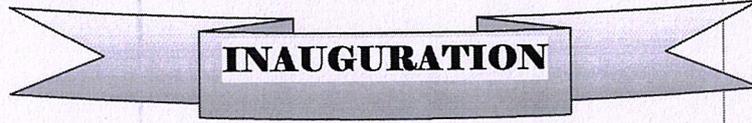
Three Days Skill Development



Ravikiran
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Davidson
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Inviting to join Seminar on

Child and Women's Law

22/02/2020

at

**Guru Nanak College of Education
Teachers Colony Manhalli Road Tq & Dist: Bidar-585 403**

Chief Guest

**Prof. Priyadarshni
Lecturer, GNFC, Bidar**

Guest of Honor & Speaker

**Vanita
Social Activist**

President

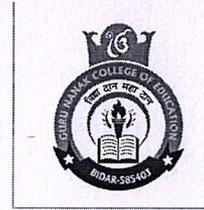
**Dr. Asha D.M.
Principal guru Nanak College of Education**

Distinguished Guest

**Prof. Marappa Kattimani
IQAC Co-ordinator**

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Report on Child and Women's Laws Seminar

at Guru Nanak College of Education, Bidar

Date: 22- February – 2020

Location: Guru Nanak College of Education, Bidar

Resource Person: Vanita (Social Activist)

Introduction :

The seminar on "Child and Women's Laws" held at Guru Nanak College of Education, Bidar, was a comprehensive event aimed at educating future educators on the legal frameworks protecting the rights of children and women in India. The event featured esteemed legal experts, educators, and social activists who provided deep insights into


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various laws, their implementation, and the challenges faced in real-world scenarios.

Objectives of the Seminar :

1. **Raise Awareness:** To inform participants about the key laws related to the protection and rights of children and women.
2. **Educational Insight:** To integrate legal knowledge into the curriculum for aspiring teachers.
3. **Empowerment:** To empower educators with the knowledge to support and guide students and women facing legal issues.
4. **Advocacy:** To encourage participants to become advocates for legal rights within their communities.

Key Topics Covered :

1. Child Protection Laws :

- The Protection of Children from Sexual Offences (POCSO) Act, 2012: Detailed discussion on the provisions, mandatory reporting, and legal procedures.
- Juvenile Justice (Care and Protection of Children) Act, 2015: Focus on the rehabilitation and reintegration of children in conflict with the law.
- Right to Education (RTE) Act, 2009: Ensuring free and compulsory education for children aged 6 to 14 years.

2. Women's Rights and Protection Laws :

- The Protection of Women from Domestic Violence Act, 2005: Understanding the definitions, protections, and legal remedies available to victims.



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- Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013: Mechanisms for prevention and redressal in educational institutions and workplaces.
- Maternity Benefit Act, 1961: Provisions regarding maternity leave and benefits for women employees.

3. Implementation Challenges :

- Discussion on the gap between legislation and implementation.
- Case studies highlighting successful interventions and ongoing challenges.

4. Role of Educators :

- ❖ Training teachers to recognize signs of abuse and legal violations.
- ❖ Creating a supportive environment for students and staff to report issues.
- ❖ Collaborating with legal authorities and NGOs for effective implementation.

5. Speakers and Their Contributions :

- Dr. Dhanraj Sonale , Legal Expert: Provided a detailed analysis of child protection laws, focusing on case studies and legal precedents.
- Ms. Vanita , Social Activist: Shared insights on grassroots efforts to empower women through legal literacy programs.
- Prof. Renuka , Education Specialist: Discussed the integration of legal education into teacher training programs.


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Outcomes and Feedback :

- ✓ Participant Feedback: Attendees expressed a deeper understanding of the legal protections available and felt more confident in their ability to support and advocate for children's and women's rights.
- ✓ Action Plan: The College plans to incorporate regular workshops and training sessions on legal awareness into its curriculum.

Conclusion :

The seminar on "Child and Women's Laws" at Guru Nanak College of Education, Bidar, successfully achieved its goal of raising awareness and empowering future educators with critical legal knowledge. It highlighted the importance of legal literacy in the educational sector and laid the groundwork for continued advocacy and support for vulnerable groups within the community.

Prepared by:

Mr. Mareppa Kattimani

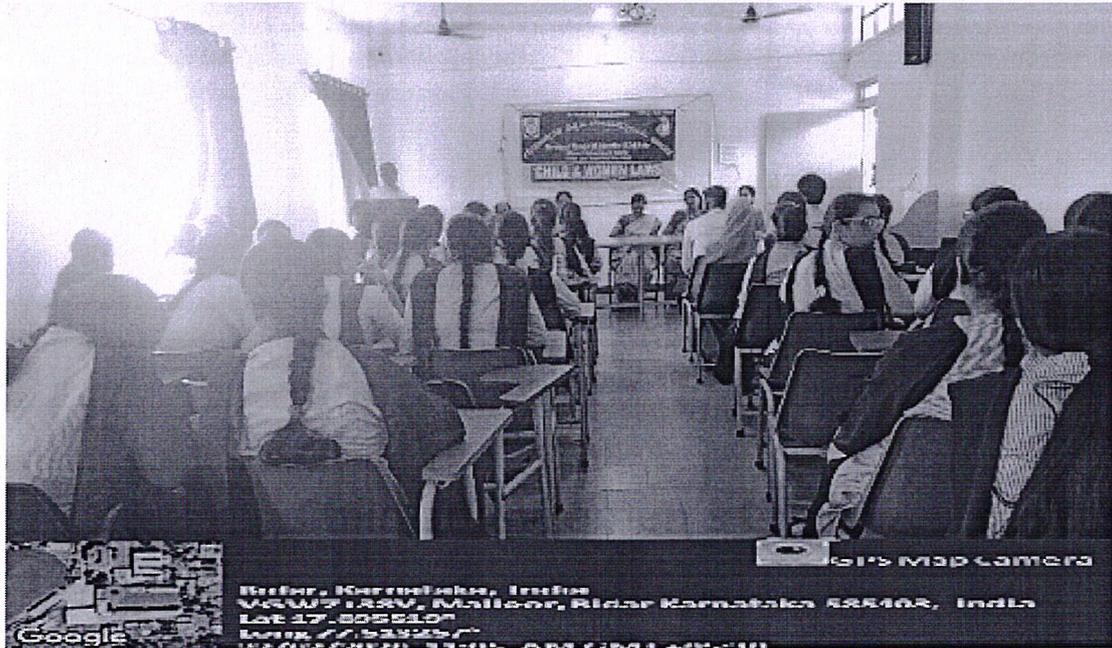
Lecturer

Guru Nanak College of Education, Bidar

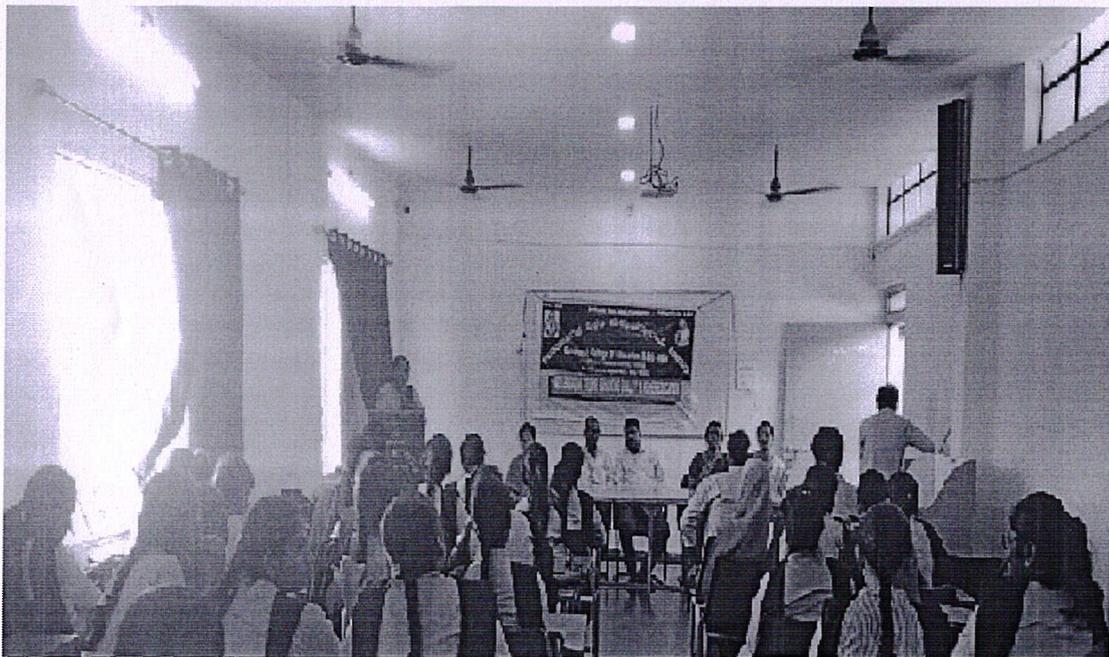


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Child and Women's Law



D. Ankitam
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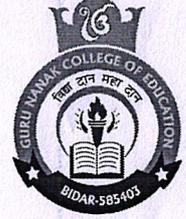
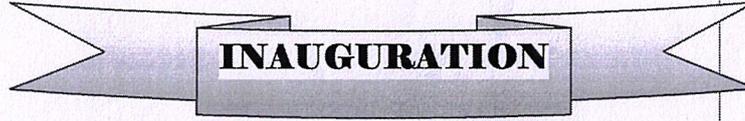


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Ravikiran

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Inviting to join Seminar on

Personality Development through Yoga

21/06/2019

at

**Guru Nanak College of Education
Teachers Colony Manhalli Road Tq & Dist: Bidar-585 403**

Chief Guest

Prof. Archana Kulkarni
Lecturer, GNFC, Bidar

Guest of Honor & Speaker

Prof. Gurunath Mulge
Lecturer, Govt. Degree College Manhalli, Bidar

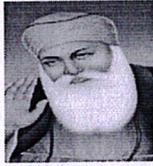
President

Dr. Ravi Pandurang Meti
Principal Guru Nanak College of Education

Distinguished Guest

Prof. Marappa Kattimani
IQAC Co-ordinator


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Report on PERSONALITY DEVELOPMENT THROUGH YOGA PRACTICES

at

Guru Nanak College of Education, Bidar
Date: 21st June 2019

Resource Person: Prof. Gurunath Maulge

Lecturer, Govt. Degree College Manhalli, Bidar

Location: Guru Nanak College of Education, Bidar

On the 21st June -2019, Guru Nanak College of Education in Bidar organized a comprehensive programme on Personality Development through Yoga Practice

The event was attended by: Students from various education programmes at Guru Nanak College of Education. Faculty members and administrative staff.

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Abstract :

In the science of yoga there is a two-way approach: the practice and the concept. Both are essential for development of personality. Concept helps man to follow the practice with shraddha (faith) and practical experience is useful to understand the concept in subtle ways. Let us see here four basic but very important concepts of yoga, which are useful to develop the internal personality of man. 'Yoga karmasukaushalam' says the Bhagavad-Gita it means dexterity in action is yoga. Man cannot live without action for a moment, as breathing itself is an action. Man does actions through the physical body, the first visible personality of man. Using the physical body and a systematic approach in action man can reach a higher state of yoga. Dexterity involves three main points: maximum possible perfection and beautiful action, relaxation in mind while doing the action and the third is the right approach behind the action. This concept is useful for development of the personality at the physical body level.

Keywords: Personality Development & Yoga Practices

Introduction :

Development of personality is an important issue. Personality starts developing since birth, but it assumes great importance during adolescence, when reorganization of personality takes place. Personality is a very common term which is used in our day-to-day life. It tells us what type of person one is. We know that each person generally behaves consistently in most of the situations. The examples of this consistency can be seen in a person who remains friendly or a person who is generally kind or helpful in most situations.

Yoga and Personality Development:

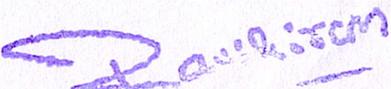
Yogic practices are found effective for development of all dimensions of personality. Let us talk about the yogic practices that influence development of different dimensions of personality.

Yogic Practices for Personality Development:

In the following section, we will discuss some yogic practices which contribute to the development of various dimensions of personality. We begin with Surya Namaskara and Asanas.

Conclusion:

Yoga is not just an art. It is science and it is life style. Maintaining perfect health, proper mental development and ability to manage emotions are essential to improve your personality. Yoga provides all this and more. It keeps you balanced and composed, it alleviates your physical sufferings, mental stress and negative


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thoughts. It helps to keep you focused and ultimately leads you to enjoy perfect harmony. Thus, including yoga in your day to day life can enhance your personality

PERSONALITY DEVELOPMENT THROUGH YOGA PRACTICES



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